| Monday   | Tuesday   | Wednesday   | Thursday   | Friday   |
|--|---|---|--|--|
| WHAT MAKES<br>A LUNCH?<br>Select 3-5 components  | Koow Yourself Know The World. NOVA CLASSICAL  | 1   | 2  | 3  |
| PROTEIN SPACE OF THE PROTEIN S | ACADEMY:  CKCGood Food  651.453.1136  o@CKCGoodFood.com                                   | Fresh Hot<br>Cheese Pizza<br>Fruit & Salad Bar<br>Veg: Cheese Pizza | Mandarin Orange<br>Chicken w/Brown Rice<br>Fruit & Salad Bar<br>Veg: French Pizza Bread      | NO<br>SCHOOL   |
| 6  | 7   | 8   | 9  | 10   |
| Spicy Chicken<br>Tenders & Dip<br>Fruit & Salad Bar<br>Veg: Cheese<br>Hot Pocket & Sauce   | Turkey Pepperoni<br>Calzone<br>Fruit & Salad Bar<br>Veg: Garden Burger                    | Fresh Hot<br>Cheese Pizza<br>Fruit & Salad Bar<br>Veg: Cheese Pizza | Cheesy Beef Nachos<br>Fruit & Salad Bar<br>Veg: Creamy<br>Mac & Cheese                       | French Bread Pizza<br>Fruit & Salad Bar<br>Veg: French<br>Bread Pizza                      |
| 13   | 14  | 15  | 16   | 17   |
| Cheeseburger w/Bun &<br>Sweet Chili Doritos<br>Fruit & Salad Bar<br>Veg: Garden<br>Cheeseburger  | BYO Waffle Sliders &<br>Turkey Sausage Patties<br>Fruit & Salad Bar<br>Veg: Pizza Calzone | Fresh Hot<br>Cheese Pizza<br>Fruit & Salad Bar<br>Veg: Cheese Pizza | Asian Chicken Pot Stickers Fruit & Salad Bar Veg: Stuffed Breadsticks w/Dip                  | Turkey Bacon Spicy<br>Mac & Cheese<br>Fruit & Salad Bar<br>Veg: Grilled Cheese<br>Sandwich |
| 20   | 21  | 22  | 23   | 24   |
| Chicken Tenders<br>w/Tortilla, Doritos &<br>Boom Sauce<br>Fruit & Salad Bar<br>Veg: Cheesy Pull Aparts   | General Tso's Chicken<br>w/Seasoned Rice<br>Fruit & Salad Bar<br>Veg: Pizza Crunchers     | Fresh Hot<br>Cheese Pizza<br>Fruit & Salad Bar<br>Veg: Cheese Pizza | Teriyaki Drumstick<br>w/Roll &<br>Strawberry Bites<br>Fruit & Salad Bar<br>Veg: Mac & Cheese | NO<br>SCHOOL   |
| 27   | 28  | 29  | 30   | 31   |
| NO<br>SCHOOL   | Hot Italian Sub<br>w/Marinara Meatballs<br>Fruit & Salad Bar<br>Veg: Cheese Quesadilla    | Fresh Hot<br>Cheese Pizza<br>Fruit & Salad Bar<br>Veg: Cheese Pizza | Sesame Chicken Bites<br>Cinnamon Grahams<br>Fruit & Salad Bar<br>Veg: Bean Burrito           | Buttermilk Pancakes<br>Cheese Omelet<br>Fruit & Salad Bar<br>Veg: Brunch Lunch             |

"This institution is an equal opportunity provider."

Menu is subject to infrequent changes.

NO **SCHOOL** 

27

28

Chocolate Cake Donut 100% Fruit Juice Choice Milk & Second Fruit

29

30

Mini Cinnis Honey Bun 100% Fruit Juice 100% Fruit Juice Choice Milk Choice Milk & Second Fruit & Second Fruit

Mini Pancake Bites 100% Fruit Juice Choice Milk & Second Fruit

31